



Competitive Personal Responsibility Education Program

PURPOSE



Through the Competitive Personal Responsibility Education Program (Competitive PREP), the Family & Youth Services Bureau (FYSB) funds projects that educate young people on both abstinence and contraception to prevent pregnancy and sexually transmitted infections (STIs), including HIV/AIDS. Competitive PREP projects replicate effective, evidence-based program models or substantially incorporate elements of effective programs that have been proven to delay sexual activity, increase condom or contraceptive use for sexually active youth, and/or reduce pregnancy and STIs among youth.

SERVICES

Competitive PREP programs must target services to youth, ages 10–19, who are at high-risk for pregnancies. This group includes youth in or aging out of foster care, homeless youth, youth with HIV/AIDS, victims of human trafficking, pregnant and/or parenting youth who are under age 21, and youth who live in areas with high teen birth rates. Programs must place substantial emphasis on both abstinence and contraception education for the prevention of pregnancy and STIs. Competitive PREP projects must educate young people in at least three of the six congressionally mandated subject areas below:



- Healthy relationships including marriage and family interactions
- Adolescent development, such as the development of healthy attitudes and values about adolescent growth and development, body image, racial and ethnic diversity, and other related subjects
- Financial literacy
- Parent-child communication
- Educational and career success, such as developing skills for employment preparation, job seeking, independent living, financial self-sufficiency, and workplace productivity
- Healthy life skills, such as goal-setting, decision making, negotiation, communication and interpersonal skills, and stress management

FYSB Mission

To support the organizations and communities that work every day to reduce the risk of youth homelessness, adolescent pregnancy and domestic violence.

FYSB Vision

A future in which all our nation's youth, individuals, and families — no matter what challenges they may face — can live healthy, productive, violence-free lives.



HISTORY

Section 2953 of the Patient Protection and Affordable Care Act of 2010 (Public Law (Pub. L.) No. 111-148) established PREP. PREP is authorized and funded by Section 513 of the Social Security Act (42 U.S.C. § 713), as amended by Section 50503 of the Bipartisan Budget Act of 2018 (Pub. L. No. 115-123) extended by Section 3822 of the CARES Act, 2020 (Pub. L. No. 116-136).

MEASURING PROGRESS & PERFORMANCE

The U.S. Department of Health & Human Services (HHS) oversees the effectiveness of each Competitive PREP project. The Administration for Children & Families (ACF) collects the following broad categories of performance measures to facilitate this oversight:

1. Measures of structure, cost, and support for implementation
2. Measures of attendance, reach, and dosage
3. Participant characteristics
4. Measures of participants' behavioral intentions and perceptions of the program and its intended effects



Grantees use these performance measures to: track their progress in achieving program goals; monitor program providers and implementation sites; plan for training and technical assistance needs; share progress with funders and other stakeholders; identify opportunities for coordination, collaboration, and referrals; and enhance planning for sustainability.

GRANT AWARD PROCESS

In fiscal year (FY) 2015, organizations and entities in states and territories that had not applied for State PREP grants in previous years, became eligible to submit competitive applications for funding. Those three-year grants were extended by Congress through FY2019. There are currently 21 Competitive grants awarded at a total of \$10.23 million and those projects served more than 28,000 youth in FY2019. Additional information on Competitive PREP projects can be found in the [Competitive PREP Grantee Profiles](#).

CONTACT US



Adolescent Pregnancy
Prevention

**Adolescent Pregnancy
Prevention Program
Training and Technical
Assistance Center**

FYSB Website: www.acf.hhs.gov/fysb

APP Website: teenpregnancy.acf.hhs.gov

Email: appta@rti.org

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